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### PATIENT INFORMATION

Date: \_\_\_\_\_

Name: First \_\_\_\_\_ Middle Initial \_\_\_\_\_ Last \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

E-mail \_\_\_\_\_

Marital Status:     M     S     W     D     P

Sex:     M     F

Date of birth: \_\_\_\_\_

Age \_\_\_\_\_

Employer \_\_\_\_\_

Occupation \_\_\_\_\_

Name of Spouse/Partners \_\_\_\_\_

Spouses/Partners date of birth \_\_\_\_\_

Spouses/Partners Employer \_\_\_\_\_

Occupation \_\_\_\_\_

Number of children: \_\_\_\_\_

Have you ever had chiropractic care before? \_\_\_\_\_

Where? \_\_\_\_\_

How were you referred you to this office? \_\_\_\_\_

**\*\*\*Insurance (for auto, work comp and personal injury claims): Please present a copy of your insurance card or claim number, contact person's name, phone number, and address to send claims to the receptionist.**

Is this a work related injury? \_\_\_\_\_

# Patient Health Questionnaire

ChiroCare of Wisconsin, Inc.

ChiroCare Use Only rev 4/19/99

Patient Name \_\_\_\_\_

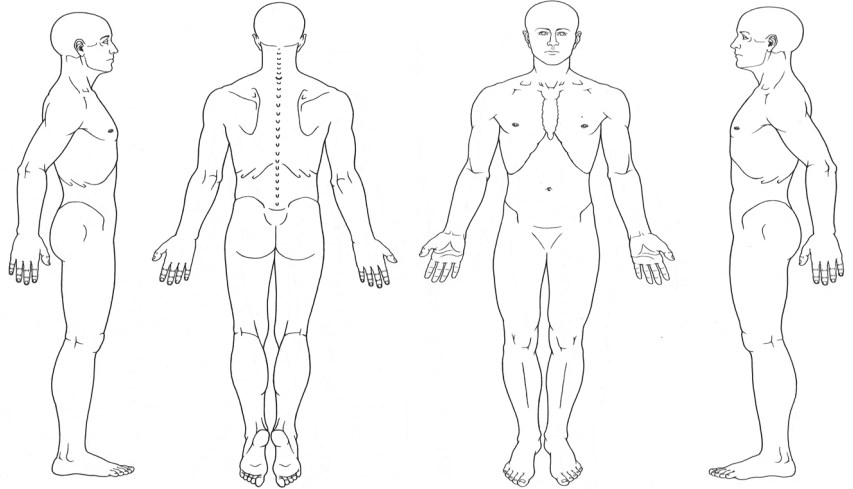
Date \_\_\_\_\_

1. When did your symptoms start: \_\_\_\_\_

Describe your symptoms and how they began:  
\_\_\_\_\_

2. How often do you experience your symptoms? Indicate where you have pain or other symptoms

- ① Constantly (76-100% of the day)
- ② Frequently (51-75% of the day)
- ③ Occasionally (26-50% of the day)
- ④ Intermittently (0-25% of the day)



3. What describes the nature of your symptoms?

- ① Sharp
- ② Dull ache
- ③ Numb
- ④ Shooting
- ⑤ Burning
- ⑥ Tingling

4. How are your symptoms changing?

- ① Getting Better
- ② Not Changing
- ③ Getting Worse

5. How bad are your symptoms at their:

- None Unbearable
- a. worst: ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩
- b. best: ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩

6. How do your symptoms affect your ability to perform daily activities?

- |               |                               |                                    |                                  |  |                              |   |   |   |   |
|---------------|-------------------------------|------------------------------------|----------------------------------|--|------------------------------|---|---|---|---|
| ①             | ②                             | ③                                  | ④                                | ⑤  | ⑥                            | ⑦ | ⑧ | ⑨ | ⑩ |
| No complaints | Mild, forgotten with activity | Moderate, interferes with activity | Limiting, prevents full activity | Intense, preoccupied with seeking relief | Severe, no activity possible |   |   |   |   |

7. What activities make your symptoms worse: \_\_\_\_\_

8. What activities make your symptoms better: \_\_\_\_\_

9. Who have you seen for your symptoms?

- ① No One
- ③ Medical Doctor
- ⑤ Other
- ② Other Chiropractor
- ④ Physical Therapist

a. When and what treatment? \_\_\_\_\_

b. What tests have you had for your symptoms and when were they performed?

- ① Xrays date: \_\_\_\_\_
- ③ CT Scan date: \_\_\_\_\_
- ② MRI date: \_\_\_\_\_
- ④ Other date: \_\_\_\_\_

10. Have you had similar symptoms in the past?

- ① Yes
- ② No

a. If you have received treatment in the past for the same or similar symptoms, who did you see?

- ① This Office
- ③ Medical Doctor
- ⑤ Other
- ② Other Chiropractor
- ④ Physical Therapist

11. What is your occupation?

- ① Professional/Executive
- ④ Laborer
- ⑦ Retired
- ② White Collar/Secretarial
- ⑤ Homemaker
- ⑧ Other
- ③ Tradesperson
- ⑥ FT Student

a. If you are not retired, a homemaker, or a student, what is your current work status?

- ① Full-time
- ③ Self-employed
- ⑤ Off work
- ② Part-time
- ④ Unemployed
- ⑥ Other

12. What do you hope to get from your visit/treatment (select all that apply):

- ① Reduce symptoms
- ③ Explanation of condition/treatment
- ⑤ How to prevent this from occurring again
- ② Resume/increase activity
- ④ Learn how to take care of this on my own
- ⑥

Patient Signature \_\_\_\_\_

Date \_\_\_\_\_

# Patient Health Questionnaire - page 2

ChiroCare of Wisconsin, Inc.

ChiroCare Use Only rev 1/20/99

Patient Name \_\_\_\_\_ Date \_\_\_\_\_

What type of regular exercise do you perform? ① None ② Light ③ Moderate ④ Strenuous

What is your height and weight? Height [ ] [ ] [ ] Feet [ ] [ ] [ ] Inches Weight [ ] [ ] [ ] lbs.

For each of the conditions listed below, place a check in the Past column if you have had the condition in the past. If you presently have a condition listed below, place a check in the Present column.

- Past Present Past Present Past Present
Headaches High Blood Pressure Diabetes
Neck Pain Heart Attack Excessive Thirst
Upper Back Pain Chest Pains Frequent Urination
Mid Back Pain Stroke
Low Back Pain Angina
Shoulder Pain Kidney Stones Smoking/Use Tobacco Products
Elbow/Upper Arm Pain Kidney Disorders Drug/Alcohol Dependence
Wrist Pain Bladder Infection Allergies
Hand Pain Painful Urination Depression
Hip/Upper Leg Pain Loss of Bladder Control Systemic Lupus
Knee/Lower Leg Pain Prostate Problems Epilepsy
Ankle/Foot Pain Abnormal Weight Gain/Loss Dermatitis/Eczema/Rash
Jaw Pain Loss of Appetite HIV/AIDS
Joint Swelling/Stiffness Abdominal Pain
Arthritis Ulcer
Rheumatoid Arthritis Hepatitis
General Fatigue Cancer
Muscular Incoordination Tumor
Visual Disturbances Asthma
Dizziness Chronic Sinusitis

### Females Only

- Birth Control Pills
Hormonal Replacement
Pregnancy

### Other Health Problems/Issues

- [ ] [ ]
[ ] [ ]
[ ] [ ]

Indicate if an immediate family member has had any of the following:

- Rheumatoid Arthritis Heart Problems Diabetes Cancer Lupus

List all prescription and over-the-counter medications, and nutritional/herbal supplements you are taking:

\_\_\_\_\_

List all the surgical procedures you have had and times you have been hospitalized:

\_\_\_\_\_

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

Doctor's Additional Comments

\_\_\_\_\_

Doctors Signature \_\_\_\_\_ Date \_\_\_\_\_



## NOTICE OF PRIVACY PRACTICES

Total Health and Healing Center is required, by law, to maintain the privacy and confidentiality of your protected health information and to provide out patients with notice of your legal duties and privacy practices with respect to your protected health information.

There are certain times that we will disclose your healthcare information. These times include: for purposes of treatment, appointment reminders or missed appointment calls, payment, workers compensation, and health care operations. There are certain times where you can agree or object to disclosure of information. These times include: for purposes in the facility directory, persons involved in your care, and notifications to others.

Your rights:

1. You have the right to request restrictions on certain uses and disclosures of your health information. Please be advised, however, that Total Health & Healing Center is not required to agree to the restriction that you requested.
2. You have the right to your health information received or communicated through an alternative method or sent to an alternative location.
3. You have the right to inspect and copy your health information.
4. You have the right to request that your health information be amended. However, requests have been denied and an explanation will be provided along with measures as to how to disagree with your denial.
5. You have a right to receive an accounting of disclosures of your protected health information.
6. You have a right to a paper copy of this Notice at any time upon request.

Any changes made to this notice must be presented to you. Our privacy officer is Dr. Shanna Miller and complains and concerns can be presented to him at (763) 754-1482. This paper is a modified version of our HIPPA polices. A full copy can be obtained upon request and is always displayed at the front desk.

I have read, understand, and agree to the HIPPA polices at Total Health and Healing Center.

\_\_\_\_\_  
Patient Signature                      Date                      Witness

I am opting not to sign this agreement for the following reason(s):

\_\_\_\_\_  
Patient Signature                      Date                      Witness



## Financial Policies and Guidelines

Total Health and Healing Center is a “fee for service” practice and Payment is due at the time of service. If you have insurance, we must emphasize that, as a wellness center, our relationship is with you, not your insurance company.

As a courtesy, we can provide our patients with a coded receipt to submit for reimbursement of any chiropractic coverage. Many of our services are considered preventative/ wellness care and therefore will not be covered by most insurance. We are under no obligation to provide Doctor’s notes to your insurance company.

When you schedule a personalized appointment for your healthcare needs, that time is set aside for you. If you need to reschedule your appointment, we ask that you give us a minimum of 24 hours notice. We reserve the right to charge for any appointments missed without this notice. If you have a package, we will deduct that from your total.

Due to federal guidelines, we are unable to offer discount packages to patients submitting to Medicare. Many patients who have Medicare and are on a wellness program request that we not submit so they can take advantage of the package discounts.

\*Supplement discounts applied to homeopathic remedies, medical foods, and nutritional supplements. The office visit package excludes the cost of orthotics, fitness bands, etc.

If at any time during the treatment period the package owner chooses to discontinue treatments, they will be reimbursed the remainder of their balance, minus all the discounts they have received to date. If a credit card was initially used to purchase the package a 3% processing fee will be applied to return. Notice must be given in writing and reimbursement will be made in one weeks’ time in the form of a check.

***Prices listed include 1.8% MN care tax.***

**I HAVE READ AND AGREE TO THE TERMS AND CONDITIONS REGARDING THE FINANCIAL POLICIES AND GUIDELINES.**

PRINT NAME \_\_\_\_\_

SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_